

### Pool Bank Duty Rota - January 2018

<b>Week</b>	<b>Mon</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat</b>
01/01	<b>No Training</b>	Charlotte Darby	Michael Keogh	Alex Kirby	7am – Cathal White 9am/D.L. -Adam Melvin
08/01	Beibhinn O’Neill	Cormac Moore	Caoimhe Coleman	Kate Murphy	7am – Jack Gillen 9am/D.L. – Beibhinn Howard
15/01	Julia Moore	Ben O’Connor	Igor Halaczkiwez	Emma Stynes	<b>No Training LC Gala</b> <b>(if training for Jnr squads Lilly Crawford)</b>
22/01	Alex Murphy	Michael Lamb	Sean Leavy	Niall Burke	7am – Kate Dillon 9am/D.L. – Kallie Walsh
28/01	Cian Comerford	Turlough Donnelly	Rebecca Glynn	Joe Dillon	7am – Eva Niskanen 9am/D.L. - Filip Halaczkiwez

**Monday – 5-6.30; Wed – 5.00-7.00( if on this slot you must also check/sign off land drill if on); Thurs – 5-6; Fri – 4.30-5.30; Sat (2 slots) 7.00-8.30 & 9.00-9.45 ( if on 2<sup>nd</sup> slot you must check/sign off land drill if on).** Please swap with another parent if you cannot make your allocated day